

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Digestive Biscuit	Rice cakes & Grapes	Toast	Cornish Wafers & Apples (bananas for babies)	Cinnamon + Raisin Bagels
Lunch	Cheese & Spinach Flan Jacket Potato Baked Beans in Tomato Sauce Yoghurt	Pork Curry Boiled Rice Veg : Vegetable Curry Mango & Pineapple	Fish in CreamyMushroom Sauce Cous Cous with peppers Peas & Sweetcorn Veg : Broccoli & leek in Mushroom Sauce Apple Crumble & Natural Yoghurt	Butternut Squash Soup Ciabatta Sponge & Custard	Lamb Bolognaise Garlic Bread Veg: Veggie Mince Bolognaise Rice Pudding & Mixed Dried Fruit
Afternoon Snack	Cherry Scones	Banana & Toasted Bread Muffin	Cream Cheese & Bread Sticks	Oranges & Oatcakes	Pineapple & Pancakes
Tea	Tossed Salad with Ham / Quorn Bread and Butter Dried Apricots & Sultanas	Potato & Lentil Cakes Pitta Bread Herb Crisps Plums	Cheese, Potato & Chive Pie Cherry Toms - 3-5s Cucumber - other units Malt Loaf Pears	Lemon Chicken & pea Risotto Veg : Quorn & pea Risotto Naan Bread Melon	Sardines In Creamy Tomato Sauce Cous Cous Toast Yoghurt

Morning snack is served with milk

Lunch and Afternoon snack are served with water

Tea is served with fresh diluted Orange Juice

Water is available at all times throughtout the day



Vegetarian



Dessert